



SPORTS & HOTEL

THE BLACK SEA, BULGARIA

AquaLife



About AquaLife

AquaLife is a center for sports and outdoor activities and is up to the latest world standards. Since 2011 AquaLife has received over 7000 athletes from different countries. The infrastructure offers everything you need for camps and competitions. Sports facilities have international certificates and are designed for year-round operation.

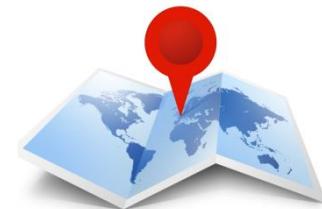
AquaLife is situated in village of Kranevo, in northeastern Bulgaria, 24 km from Varna and 42 km from Dobrich. The village is located on the Black Sea shore between the two biggest Bulgarian resorts, Golden Sands and Albena.

The total area is 60 000 sq.m.



Our advantages

1. Full autonomy: all the necessary sports infrastructure is in one place:
 - a lot of top quality sports facilities for different types of activity
 - comfortable accommodation in two- and three-bed rooms in three star hotels
 - specially designed sports menu, the possibility to adjust it to the needs of the group.
2. The sports regimen for everybody: the most of the territory with three hotel blocks inhabited only by organized groups, while their families have the opportunity to stay in Hotel Tower nearby . The territory is closed and secured.
3. The spirit of sport and positive atmosphere everywhere. Great opportunities for communication of experience. The large capacity of the complex (1,400 guests) and variety of sports facilities allow to take athletes in various sports in one place at one time. According to guest reviews of summer 2014 the "sporting spirit" in AquaLife itself promotes new development and new achievements.
4. The AquaLife location:
 - 100 meters from the sea, miles of sandy beach
 - 35 km from the airport
 - the complex is located away from the tourist area. Kranevo is a very quiet resort comparing to Albena and Golden Sands.





- 1 AquaLife Hotel
- 2 AquaLife Sport Hotel
- 3 AquaLife Active Hotel
- 4 Tower Hotel
- 5 AquaLife pool
- 6 Active pool
- 7 Small pool
- 8 Grass covered sportground
- 9 Sports hall
- 10 Dance room
- 11 Meeting room
- 12 Gym
- 13 Changing rooms
- 14 Stage
- 15 Children Playground
- 16 Games room
- 17 Children`s Studio
- 18 Restaurant
- 19 Lobby Bar
- M Massage
- Φ Sauna
- Security
- П Parking
- ⊕ First Aid

SPORTS FACILITIES

opendoor

Olympic swimming pool «Aqualife»

- * Dimensions: 50x20 m
- * Depth: 2,00-2,20 m
- * 2 thermo pumps for heating
- * Water heating to 27-28 degrees
- * External spotlights to illuminate in the dark
- * Professional stopwatches, portable scoreboards
- * Changing rooms, toilets, showers
- * 8 tracks, starting platform
- * Tribune of 150-200 seats

Sports: swimming, water polo, synchronized swimming
Installation of the necessary equipment for water polo.



SPORTS FACILITIES

opendoor

Olympic swimming pool «Active»

- * Dimensions: 50x20 m
- * Depth: 2,00-2,20 m
- * 2 thermo pump for heating
- * Water heating to 27-28 degrees
- * Interior lighting, stationary stopwatch (2 sides)
- * Changing rooms, bathrooms, showers
- * 8 tracks, the starting platform (2 sides, "super-leader" construction)

Sport: swimming

Installation of equipment for water polo is possible.



SPORTS FACILITIES

Indoor



Grand indoor sports hall

- * Dimensions: 36x18x15 m
- * Coverage: wooden substrate 10 cm, top coating PVC Tarkett Omnisport 6,5 mm
- * wall bars, 4 stationary small rings, 2 mobile rings
- * Electronic scoreboards
- * Professional audio equipment, air conditioning, ventilation

Sports:

Volleyball (the possibility to install 1 professional or 3 training areas at the same time)

Basketball (the possibility to install 1 professional or 2 training areas at the same time)

Handball

Rhythmic gymnastics (the possibility to install 1 professional and 1 training carpet (nap))

Individual sports (the possibility to install the mat, ring, etc.).

Mini football (gated hall 3x2 m)

SPORTS FACILITIES

Indoor



Medium indoor sports hall

- * Dimensions: 27x17x7 m
 - * Coverage: rubber
 - * Ring shifting , volleyball stands
 - * Professional audio equipment, air conditioning, ventilation
- Sports:
martial arts, sport games, dancing, choreography, aerobics, fencing.
- The possibility of installation of the mat



Small indoor sports hall

- * Dimensions: 28x8x5 m
 - * Rubberized non-slip coating
 - * Equipment: ballet bars, mirrors, professional music equipment, air conditioning, soundproofing
- Sports: dancing, choreography

SPORTS FACILITIES

Indoor



Dance hall (Aquaife hotel block)

- * Dimensions: 10x6x2,5 m
 - * Parquet floor
 - * Equipment: ballet bars, mirrors, musical equipment
- Sports:** dancing, choreography



Dance hall (Active hotel block)

- * Dimensions: 21x6x3 m
 - * Rubberized non-slip coating
 - * Equipment: ballet bars, mirrors, professional music equipment, air conditioning, soundproofing, gymnastics benches
- Sports:** dancing, choreography, gymnastics, aerobics, fencing, physical training, dry swimming



Dance hall (Active hotel block)

- * Dimensions: 15x6x3 m
 - * Rubberized non-slip coating
 - * Equipment: ballet bars, mirrors, professional music equipment, air conditioning, soundproofing, ventilation, gymnastics benches, wall bars
- Sports:** dancing, choreography, gymnastics, yoga



Choreography hall (Active hotel block, separated)

- * Dimensions: 20x10x3 m
 - * Parquet floor Tarflex Multiflex for choreography
 - * Equipment: professional music equipment, air conditioning,
- Sports:** dancing



Training hall (Aquaife hotel block)

- * Dimensions: 10x10
 - * Coating: carpet\parquet
- Sports:** physical training, dry swimming, cheerleading



Gym (Sport hotel block)

- * Dimensions: 140m²
- * Special rubberized non-slip coating 10mm
- * Equipment: 36 professional trainers for each muscle group, air conditioning, musical equipment, ventilation

SPORTS FACILITIES

outdoor



Artificial turf ground small

* Dimensions 20x12 m

* Artificial turf 1,5 sm

Sports: mini-soccer, volleyball, basketball, sports games, physical training

Additional equipment: net, gates for mini-soccer (2 pcs.), basketball hoops - (2.50 m -2.80 m) - (2 pcs.)



Artificial turf ground medium

* Dimensions 30x12 m

* Artificial turf 4 sm, rubber granules

Sports: mini-soccer, volleyball, sports games

Additional equipment: net, gates for mini-soccer



Artificial turf ground grand

* Dimensions 40x20 m

* Artificial turf 6d generation 4 sm, quartz sand and rubber granules, soccer goal 3x2 m.

Meets the requirements for mini-soccer

Sports: mini-soccer, volleyball, sports games



Two grounds for beach sports

* Dimensions 18x9 m

* Sand 70 sm

* Nets height of 2,24 –2,43 m

Sports: beach sports

The possibility to combine two grounds in one for a beach football (fits the required dimensions 34x24 m)



Horizontal bars:

At the complex:

Metal crossbar - (3 pcs.) - 1.50 m; 2.00 m; 2.50 m

Metal bars (large and small) (2 pcs.) - 1.00 m and 1.50 m

Simulator (metal bar) for water sports .



Wall for practicing throwing techniques

Dimensions: 1,50 m x 4,20 m

Sports: water polo

The activities carried out since the establishment

Water Sports:

International water polo tournament for women «Kranevo-Cup» in 2010

Training camps of female water polo team "Diana" (St. Petersburg, Russia) in 2010

Team sports:

Beach Volleyball Tournament "Amateur League Bulgaria" in 2013 and 2014 (organizer «Volleymania»)

Beach volleyball tournaments for amateurs «Kamenitza Fresh Up» 2013 -2014

Training camps in handball, basketball and volleyball in 2014 (teams from Russia)

World checkers championship 2013- 2014 with participants from 15 countries (organized by the International Checkers Organization)

Rhythmic and artistic gymnastics:

Training sessions and performances of Rhythmic Gymnastics women's team led by Olympic champion Yulia Barsukova «Olympico RG Camp» (2013-2014)

Training camp in Rhythmic Gymnastics women's national team of Bulgaria (14-16 years), led by world champion Camelia Dunavska (2013-2014)

Martial Arts:

Bulgarian state Championship in karate 2014, participants from 200 cities of Bulgaria (organized by the Bulgarian Federation of Karate)

Savate training camps with participants from 10 countries

Karate Club "Istochnik" in 2014

Dancing:

Various events, concerts and annual training sessions of top russian dance studio «TODES»

Team gathering in cheerleading (organized by Federation of Cheerleading)

Festivals:

"Jazz Camp" Festival 2014

"Hip-Hop" Festival 2014



ACCOMODATION

Hotel AquaLife «Sport»

Total number of rooms: 146 rooms
Exchange office and safe deposit boxes at reception,
Wi-Fi (paid)

Apartments - Studio

Number of rooms: 17

(10 rooms with sea view, 7 rooms overlooking the pool). Possible to combine the rooms together, for families (4 rooms)

Description: one room with a separate area for the kitchen (mic. oven, kettle, fridge, dishes), 1 double bed, 1 extra bed opportunity, TV, air conditioning, bathroom (shower), balcony

Standard Room (TWIN)

Number of rooms: 2

Description: two 1.5 beds, table, mirror, wardrobe; TV, air conditioning, bathroom (shower), balcony.

Standard Triple Room (TRPL)

Number of rooms: 127

Description: three 1.5 beds, table, mirror, wardrobe, bedside tables, TV, air condition, bathroom (shower), balcony



ACCOMODATION

Hotel AquaLife «Active»

Total number of rooms: 235 rooms
Exchange office and safe deposit boxes at reception,
Wi-Fi paid

An elevator for guests with disabilities
Special entrance ramps to the hotel

Rooms for guests with disabilities (TWIN)

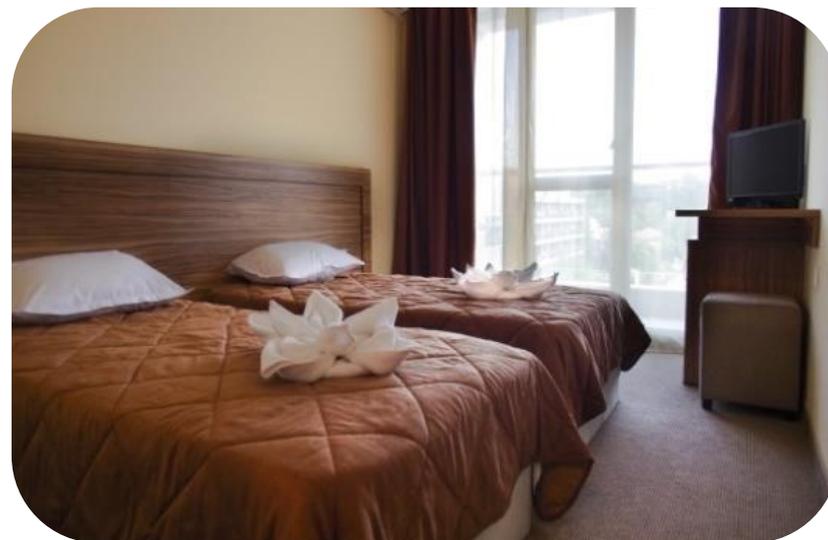
Number of rooms: 20
Description: 2 beds, wardrobe, bedside tables, TV, air conditioning

Features:

Rooms are located on the first floor with easy access to the street, enlarged doorways, large spacious rooms, 1 enlarged bathroom (shower)

Standard rooms (TWIN)

Number of rooms: 215
Description: two 1.5 beds, table, mirror, wardrobe, bedside tables, TV, air condition, bathroom (shower), balcony



ACCOMODATION

Hotel TOWER

Total number of rooms: 80 rooms

Exchange office and safe deposit boxes at reception,
Wi-Fi paid

Suite: 65 m2 (8th floor)

Number of rooms: 2

Description: 3 rooms (1 double bedroom and 1 twin bedroom, living room with a sofa), TV (3 pcs.), telephone, safe, air conditioning, 2 WC (bathroom and shower), hair dryer, kitchen (mic. oven, kettle, fridge, utensils), balcony

Apartment (studio): 43 m2 (7th floor)

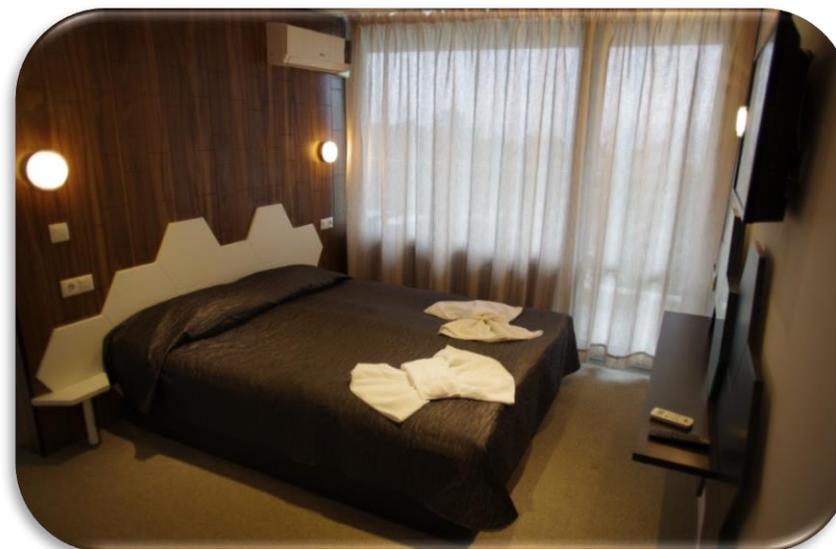
Number of rooms: 3

Description: 2 rooms (1 bedroom with double bed, living room with sofa bed), kitchen (mic. oven, kettle, fridge, utensils), WC shower, hairdryer, TV (2 pcs.), telephone, safe, air conditioning, balcony

Standard rooms DBL

Number of rooms: 75 (61 rooms with sea view, 14 rooms with views of the park)

Description: 1 bedroom with double bed, extra bed, TV, safe, air conditioning, WC (shower), refrigerator (extra charge), balcony



ACCOMODATION

Hotel "Aqualife"

Total number of rooms: 111 rooms
2 landline phone for international calls and safe deposit boxes at reception, Wi-Fi (paid)

Apartments - standard class

Number of rooms: 11 rooms
2 separate rooms (each room for two 1.5 beds), kitchen (refrigerator), TV, air conditioning, balcony, bathroom (shower).

Standard Room (Twin)

Number of rooms: 2 rooms
Two 1,5 beds, table, mirror, wardrobe, bedside tables, TV, air conditioning, balcony, bathroom (shower)

Standard Triple Room (TRPL)

Number of rooms: 98 rooms
Description: three 1.5 beds, table, mirror, wardrobe, TV, bedside tables, air conditioning, balcony, bathroom (shower)



RESTAURANTS

The restaurants within the complex offer balanced diet (full board, buffet meals thrice a day). The meals offered are specially designed for sportsmen. Our restaurants offer delicate tastes, which are compliant with the requirements of sports dieticians and trainers. We can also provide customized diets on demand. The range of dishes includes several kinds of salads, 2 first courses, a wide range of hot meat and fish and side dishes, natural juices, a variety of fruits and vegetables, desserts.

Restaurant «Aqualife»

European cuisine, works as "buffet". The design made in soft beige colors after a recent renovation. Restaurant capacity is up to 250 seats and a terrace for 100 seats.

Restaurant «Sport»

The restaurant serving European and international cuisine works as "buffet". Spacious restaurant with cozy armchairs and panoramic windows offer a magnificent view. The interior is decorated in bright colors, the atmosphere is relaxed and comfortable. Restaurant capacity is up to 120 seats inside and a terrace for 80 seats.



RESTAURANTS

Restaurant «Tower»

European cuisine, works as "buffet" and on "a la carte" as well. The restaurant seats 36 people and has additional 36 seats on the terrace.

Three times a week there are Bulgarian, Italian and Mediterranean cuisine evenings.

The restaurant «Tower» can be used for organizing banquets, receptions and coffee breaks (in the evening) with a total seating arrangement up to 70 people. During the event there is the possibility of organizing an entertainment program, the restaurant has all the necessary equipment. It is possible to combine the restaurant «Tower» and restaurant «Sport», increasing the capacity up to 180 people.

Restaurant «First Line»

Mediterranean "a la carte" restaurant. Capacity of the restaurant, including beach gazebos is up to 250 people.

It offers Mediterranean, French and Italian cuisine.

The restaurant's interior is designed in white colors for lightness and solemnity. Wrought-iron gazebos on the beach create a special atmosphere of privacy.

The restaurant often hosts banquets, receptions, coffee breaks and parties. There are DJ equipment and dance floor.

Restaurant «First Line» operates only in summer.



RECREATION AND ENTERTAINMENT



BEACH

In 100 meters from the complex is situated private beach "AquaLife". The unique climate, gently sloping seabed without dangerous currents and abrupt depressions. The beach strip is about 6 km with a width of up to 100 meters and soft fine sand. There are two grounds for beach sports (volleyball, football); equipped recreational beach area; beachside bar. In the "First Line" restaurant nearby guests can relax with a sea view and enjoy refreshments.



ANIMATION

The AquaLife animation team composed of 5-7 people. There are entertainment, sports and special events for children and adults. The program was developed taking into account the training regime. The main emphasis is on the morning time, afternoon (on the beach) and evenings. The program includes: contests, games, tours, recitals, thematic meetings and so on. On request of the group and the coach, animators can entertain kids in their spare time.



CHILDREN STUDIO "Creativity"

The studio is located in hotel block «AquaLife», it holds creative activities for children from 4-14 years, such as: painting, sculpture, beadwork, decoupage and so on. The children are engaged in groups or individually and are supervised by studio teachers.

PLAYROOM for children Located in Hotel TOWER



PLAYGROUND

Next to the Hotel TOWER is a playground visible from the terrace. It is arranged so that children do not interfere with each other. It has a special safety coating.

RECREATION AND ENTERTAINMENT

Swimming pools for recreation



RECREATION AND ENTERTAINMENT

EXCURSIONS

We offer more than 40 tour routes and activities for our guests.

The duration of excursions is from 3 hours to 3 days with Russian speaking guide. The organization of fishing is provided as well.

There are many interesting places closed to AquaLife:

Water park "Golden Sands"

Waterpark "Albena"

SPA-hotel «TERMOPALACE»

Nature reserve in Kranevo (mineral springs)

Large nature reserve in Albena

Supermarkets nearby

The city of Varna, with many attractions: dolphinarium, aquarium, amusement park, cinemas, shops and more.



ADDITIONAL INFRASTRUCTURE

The complex has two open stages:

Main stage

Dimensions: 16 m x 8 m

Professional light and sound

Everyday animation program

Backstage and 4 dressing rooms

DJ-panel is located above the audience and makes it possible to organize a disco for the guests

300 seats for spectators

Small stage

Dimensions: 14 m x 8 m

Wooden stage, optional music and lighting equipment

150 seats for spectators



ADDITIONAL INFRASTRUCTURE & SAFETY



Conference room

Hotel "AquaLife Sport" has a hall suitable for training, conferences and seminars.

The hall has a separate ventilation and air-conditioning system.

There are screens for presentations, natural light and park view.

Dimensions: 17,5x7x3 m, 160 m²

Capacity is up to 100 people (theater style)



Finnish sauna

There are two saunas in the hotel blocks «AquaLife» (for 5-7 persons) and «Sport» (for 8-10 persons). They can be reserved at any time convenient for you.



Massage parlor

There are 3 massage rooms in the hotel blocks «Tower», «Active» and «Sport».

Medical services of the high standards provided by certified specialists working in different areas including general, partial and even baby massage.



Health service

There are 3 medical offices in AquaLife located in the hotel blocks «AquaLife», «Active» and «Sport». Ambulance is on duty round the clock. Medical ward has two rooms with a total capacity for 6 people.



Security

The territory is fenced and is under 24 hours monitoring. There are 3 security items (blocks «AquaLife», «Tower», «Sport»). There is a developed lifeguard system on the beach.

ACTIVITIES



**4 – 5 April 2015
Open championship
in Modern
pentathlon**

Youth A /up to 18
years/ - swimming,
fencing, combined
discipline

Youth C /up to 14
years/ - swimming,
running

Organizer – Sports
Club „Odesos 2008”,
city of Varna



**18 – 21 June 2015
International
tournament in
beach volleyball
AquaLife Cup**

Up to 17 years
mixed couples
Over 18 years – men
Organizer - Beach
Volley Mania, city of
Sofia



**25 – 30 July 2015
Practice – camp in
Savate**

Two – a – day
workouts in savate for
all ages and levels

**Savate Open 2015
Kranevo**

31 July and 01 August
Competition for all
ages and levels

**Youth world
championship 2015**

Bulgaria 01 August and
02 August



**24 – 30 August 2015
International
tournament in
karate AquaLife Cup**

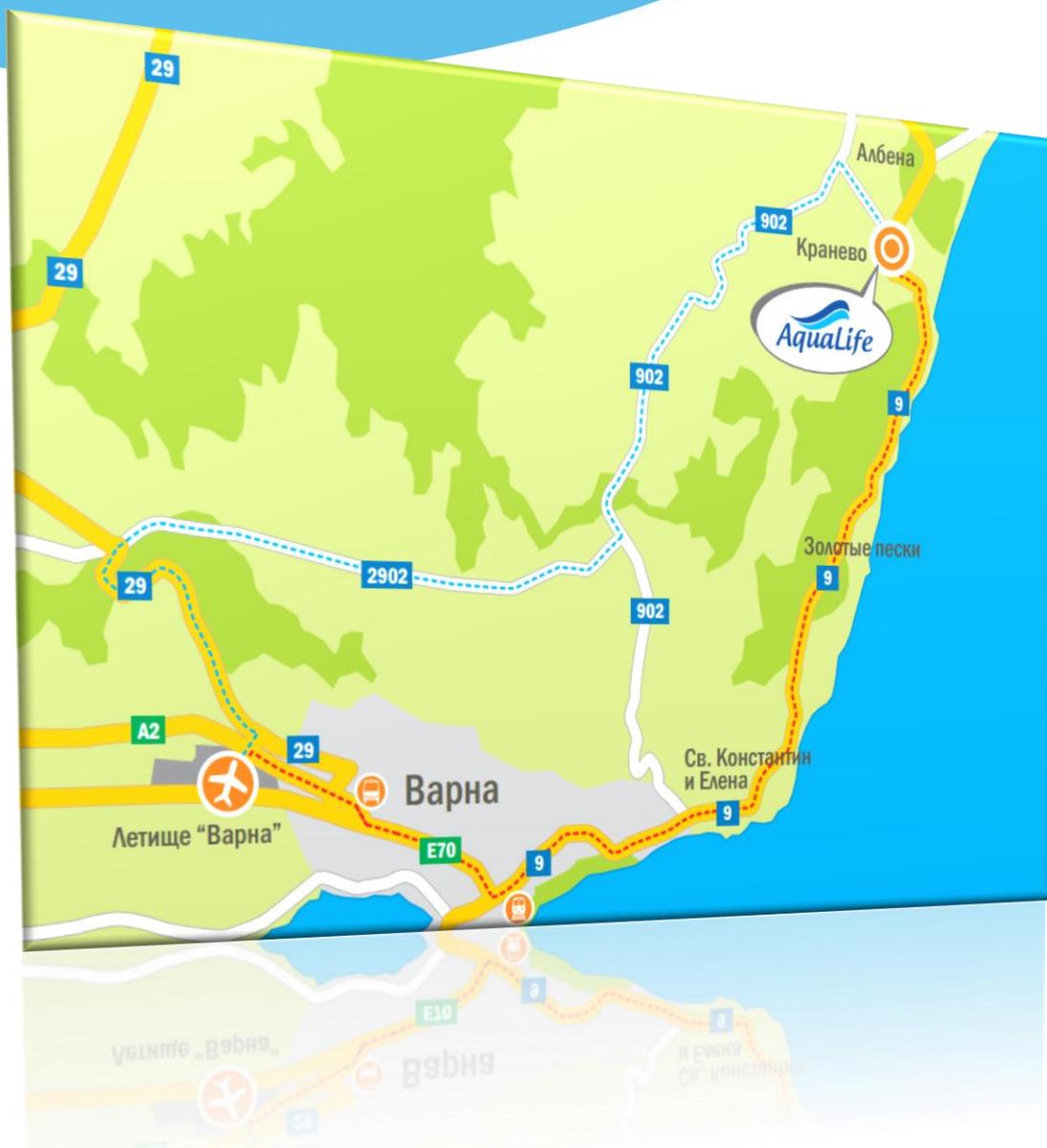
Seminar between
Bulgarian National
Karate Federation
and Hose Fernando
Martines Serrano –
6-th dan VKF



**25 Aug – 04 Sept
2015
World
championship in
Checkers – 64**

Ages – 8, 10, 13,
16, 19, 23 years

CONTACTS



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